# Your First Lesson

## What to expect for your first voice lesson

Your first lesson is where I **assess your voice**. We will talk about your **long term goals** and what you want to achieve in the short term. We will go through a **brief set of rhythmic and pitch matching exercises** and you will sing a song that you bring with you. I do not have any expectations about your ability, and you can be at any stage in your vocal development.

#### A typical lesson includes:

- A warm up
- Exercises for vocal technique
- Exercises for breathing
- Songs and preparation notes for your next lesson

The amount of time spent on each of these areas depends on your vocal objectives.

### What to bring to your first voice lesson

#### Please bring:

- At least one piece of music that you would like to sing at the lesson.
- A **bottle of water**. It is always good to keep the vocal folds well lubricated. Also drink water (room temperature) before your lesson.
- A **notepad and pen** to take notes.

Please give at least 24 hours' notice when a lesson will be missed. I will do the same. Missed lessons will be made up at a time that is acceptable to the student (parent) and the teacher. If you miss a lesson as a no call, no show, you will still be charged for it.

We look forward to working with you to help you with your vocal development.